



Memories soar at annual butterfly release

By Kristi Anderson, The Central Minnesota Catholic

Inside the warmth of its snug cocoon, a caterpillar prepares for the next leg of its journey. Just as one part of its trek is ending, light breaks through the thin layers of its little nest and beautiful new wings emerge. As it adjusts to the new world in a new form, it rests briefly before soaring into the air.

The butterfly is often recognized as a symbol of transformation and of hope. That is why Quiet Oaks Hospice House has partnered with the Munsinger Clemens Botanical Society, the St. Cloud Symphony Orchestra and the Central Minnesota Arts Board to host the Eighth Annual Butterfly Release.

"The butterfly release invites us to come together as community, as neighbors and friends, to remember and celebrate the wonderful joy and treasure of our loved ones' legacies and lives," said Linda Allen, director of Quiet Oaks.

The butterfly release, which is open to all, will be held rain or shine on July 21 at 2 p.m. at Munsinger Gardens in St. Cloud. A short program will begin

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at 2:30 p.m., followed by "Music in the Gardens," featuring Dennis Warner and the D's.

"I love playing for this event," said Dennis Warner. "Quiet Oaks is one of the very special places that cares for our loved ones when they need it the most. After personally going through the hospice experience with two family members, I realize just how important their work is to all of us. The gentleness, the caring and the heart that's put into making sure our loved one is comforted through their transition is so beautiful."

He feels honored to be part of the butterfly release concert.

"Our loved ones are not forgotten after they pass," he said.

"For me, releasing a butterfly is a very symbolic and a positive step in letting go of the sadness that comes with helping a loved one through the sometimes prolonged end of life process. There is life in the butterfly that goes on."

Mary Wright, the event's organizer, became involved with Quiet Oaks after moving to the area a few years ago after her father died.

"When Dad was dying, there just never seemed to be the right place for him," Wright recalled. "After that, I knew I wanted to get involved with hospice in some way. I heard about Quiet Oaks and just drove out there one day. I've been volunteering ever since."

Quiet Oaks is a homelike setting nestled in the woods of St. Augusta which specializes in offering hospice, respite care and grief and healing support. The mission of Quiet Oaks Hospice House is to provide high quality, personalized care, comfort, and dignity to residents and their families in the remaining days of their life together. To date, they have served nearly 800 residents and their families.

For Wright, the butterfly release has been one of the most amazing and touching experiences she has witnessed.

"Often the butterflies immediately soar into the air, but sometimes they hang around, even landing on a person's hand. That is so important to the families. For some, it's like a sign from their loved ones. And for some, it's about letting go," Wright said.





MCBS Gifts to the Gardens

Every year, Munsinger Clemens Botanical Society provides gifts to the Munsinger Clemens Gardens. Your memberships and support of our organization are what makes these gifts possible. We want to thank you for your continued support.



Pictured here are the Gator, weed whips and 2 tillers.

New Tools
For The
Gardens



Pictured here is the Trailer



Pictured here are the 2 push lawnmowers.

**WE NEED
VOLUNTEERS**



**Looking for Volunteers to help plan our events:
Music in the Gardens,
Photography in the Gardens &
Art Fair in the Gardens.**

Munsinger Clemens Botanical Society is a non-profit that plans events in the gardens as well as raising money to help support the gardens. You would not be gardening at Munsinger or Clemens Gardens but helping with events.. Please contact us if you would like additional information.



Continued from page 2

"It's a great reminder of the people that each of us has lost. And in such a beautiful setting along the river, with the flowers blooming all around us, it is very peaceful," she added.

Memories and butterflies won't be the only things "floating" through the gardens that day — root beer floats will be provided by the botanical society and vendors selling their wares will be on site.

Glitter tattoos by Rustic Stables are a sparkling addition to this celebration of light and hope. These tattoos of butterflies are available at the event for \$5 each and last up to a week. The proceeds go to Quiet Oaks.

Shelly Rust, owner of Rustic Stables, first attended the butterfly release after her brother died at Quiet Oaks a few years ago. After experiencing the event, she figured out a way to become more involved and to give back to Quiet Oaks for all they had done for her brother.

"Our experience at Quiet Oaks was probably the most spiritual thing I've ever gone through," Rust said. "I don't think my brother could've died in a more beautiful setting. We just love Quiet Oaks and we know there is no way we can return how they made us feel. We are forever thankful."

The Memorial Butterfly Release is hosted by Quiet Oaks Hospice House, and sponsored in part by St Cloud Floral, where Rhoda and her team are committed to community support, as well as excellence in artistic designs, industry knowledge, high quality and exceptional customer service.

Music is the Gardens is funded, in part, by an appropriation from the Minnesota State Legislature, through a grant from the Central MN Arts Board, with money from the State's general fund.

Organizers are planning for the release of about 375 butterflies at the event. Those wishing to release a butterfly in honor of their deceased loved ones are encouraged to order one in advance through Quiet Oaks at <https://quietoakhospicehouse.org/events/butterfly/>. The cost is \$25 per butterfly and quantities are limited.

"Those of us who have lost loved ones know that even though they have passed on, we continue to hold them close in our hearts," Allen said. "Even though they are gone from our sight, they live on — not only in memories, but in the love we still have for them; and in the love they somehow still share with us."





Music
in the Gardens

Rootbeer Float Sponsors

Thank you to all of these businesses for their donations and support the Music in the Gardens.



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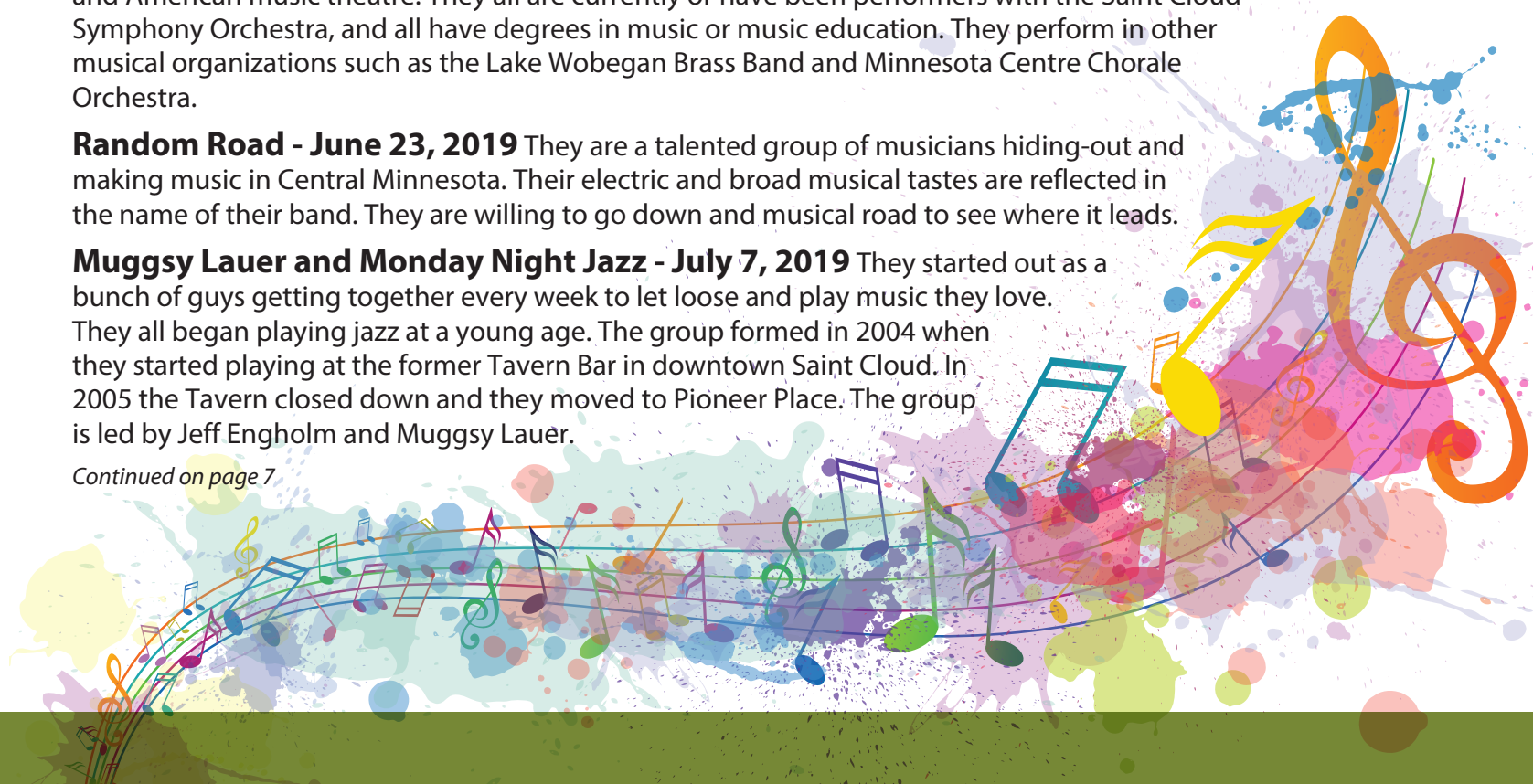
Music
in the Gardens

Granite City Brass - June 9, 2019 These five dedicated professional musicians have been performing as a quintet for the past 12 years with a repertoire that includes jazz, folk, religious, patriotic, opera, classical and American music theatre. They all are currently or have been performers with the Saint Cloud Symphony Orchestra, and all have degrees in music or music education. They perform in other musical organizations such as the Lake Wobegan Brass Band and Minnesota Centre Chorale Orchestra.

Random Road - June 23, 2019 They are a talented group of musicians hiding-out and making music in Central Minnesota. Their electric and broad musical tastes are reflected in the name of their band. They are willing to go down and musical road to see where it leads.

Muggsy Lauer and Monday Night Jazz - July 7, 2019 They started out as a bunch of guys getting together every week to let loose and play music they love. They all began playing jazz at a young age. The group formed in 2004 when they started playing at the former Tavern Bar in downtown Saint Cloud. In 2005 the Tavern closed down and they moved to Pioneer Place. The group is led by Jeff Engholm and Muggsy Lauer.

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Art Fair in the Gardens


**Munsinger
Clemens**
Botanical Society

July 18, 2019 | 10:00 a.m. - 7:00 p.m.

Munsinger Clemens Gardens

Kilian Blvd and 13th Street SE, St. Cloud, MN | Thursday, July 18, 2019 | 10:00am - 7:00pm

- Enjoy art, music, food and beverages!
- Purchase fine artwork for home & garden from local & regional artists.

Music

Upper Gardens: all day playing native flutes | Carlos Quinche

Lower Gardens: 11:30 am to 1:30 pm | Cristina Seaborn String Quartet

2:30 pm to 4:30 pm | Nelson & Hamilton

5:00 pm to 7:00 pm | Pachanga Society

Food Vendors Onsite

Check with website for additional information.



CMAB
Central MN Arts Board

This activity is funded, in part, by an appropriation from the Minnesota State Legislature, through a grant from the Central MN Arts Board, with money from the State's general fund.



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facebook

munsingerclemens.com

Photography in the gardens

You can now enter the 2019 photo contest online anytime now through November 1st, 2019. Just a few clicks and your photos are submitted. You can even do it right from your smart phone. Even while you are at the gardens. More details and information can be found online at

<http://www.munsingerclemens.com/photo-contest/>

**NEW
ONLINE
ENTRY
FORM**

Music in the Gardens

Dennis Warner and the D's - July 21, 2019

Recognized for his crafty wit and skillful musicianship, Folk/Americana musician Dennis Warner captivates audiences in over 100 cities each year with his smooth vocals and six- and twelve-string guitars. In addition to being a gifted musician, he is an outstanding entertainer, cleverly blending up-tempo songs, ballads, audience participation, and humor into a memorable concert. He is noted for his warm stage presence and ability to connect with his audience. For his songwriting talents, Warner was honored with an invitation to perform in concert at the Kennedy Center for the Performing Arts in Washington DC.

Gathering Wool - August 4, 2019 A folk singer/songwriter that dwells in Central Minnesota where the winters are long. Writing beautifully crafted songs accompanied with her distinctive American fingerstyle technique. Woven through her music is a reverence for nature and the honest storytelling emblematic of the folk genre. Performing at festivals and venues throughout throughout Minnesota. Sharing the stage with several national acts and most recently doing a recording with Emmy winner Michael Monroe. Cathie released her first CD "Mary's Garden" in January of 2014 a second Cd to be released fall of 2019.

Laura Caviani Trio - August 18, 2019 Jazz pianist Laura Caviani is a veteran of two decade of performing, recording, and composing with some of the best jazz musicians in the region. Her recordings have received such praise as "stunningly fresh" from JazzTimes and "in a word, outstanding" from the Minneapolis Star Tribune. She has recently been commissioned by Saint Cloud's Great River Chorale. Performing with Laura will be Chris Bates, bass, and David Schmalenberger, percussion.

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SUPPORT THE GARDENS THE GARDENS EVENTS VISITOR INFORMATION ABOUT US

Picture This!
Munsinger Clemens Botanical Society invites you to participate in
Photography in the Gardens
November 1, 2018 – November 1, 2019
[COMPLETE PHOTO CONTEST SUBMISSION FORM](#)

Prizes

- \$100 Best of Show
- \$50 1st place Adult winner in each category
- \$20 2nd place Adult winner in each category
- \$10 3rd place Adult winner in each category
- \$50 1st place Youth-18 winner in each category
- \$20 2nd place Youth-18 winner in each category
- \$10 3rd place Youth-18 winner in each category

All winners will receive Award Certificates.

Categories

- Landscapes (garden scenery)
- Hardscapes (decorative features in the Gardens)

1st, 2nd, and 3rd winners will be chosen from both age groups and each category. Any visitor to the Gardens is eligible to enter.

Submission Fees support the Gardens

- \$10 for adults per photo
- Free entry for one photo youth-18
- \$5 for youth-18 per additional photo

Rules

- Photos of people or close up of flowers are not accepted.
- Photographer retains copyright of photos.
- Use of the photo is granted to MCBS and credit will be given to photographer.
- Contest allows for only normal manipulation of an image.

Entries

Submissions are accepted **ONLINE NOW** and ending **November 1st at 11:59 p.m.**

Awards

November 16, 2019 at 3pm

A public reception will be held at the **St. Cloud Public Library**, check website for time. Everyone welcome.

2019 winning photos will be on display for the following year. Printed winning photos may be picked up at the 2020 awards ceremony. Photos not picked up at the awards ceremony will be donated.

Photo Contest Submission form

Submit up to six photos with each form. If you wish to submit more than six photos, please submit additional forms.

Photographer's First Name* _____ Photographer's Last Name* _____

Age Group*
☐ Youth-18 ☐ Adult

Parent/Guardian Name (if photographer is under 18)

Phone* _____ Email* _____

Address* _____

City* _____ State* _____ Zip* _____

Upload Your Photo(s)

Photo Title* _____

Category* (Choose one) ☐ Landscape ☐ Hardscapes

Matte Color* (Choose one) ☐ Black ☐ White

Upload Your Photo* (jpg format, Maximum file size: 5mb, Minimum photo size: 2400 x 3000)
Choose File

☐ Add Another Photo

[CONTINUE](#)

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YOUR PHONE!**



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RAP
Taking some trips in warmer weather? Maybe you're going to one of 320 gardens through North America where your MCBS membership card entitles you to special admission or discount. Check it out at www.ahsgardening.org/rap.

Membership Application and Renewal

\$ _____ \$50-\$99 (Basic Membership)
\$ _____ \$100-\$249
\$ _____ \$250-\$500
\$ _____ Other
Gifts over the Basic Membership may be designated to:
_____ Music in the Gardens _____ Art Fair in the Gardens

Name _____
Address _____
City _____ State _____ Zip _____
Phone number _____
Email _____
Amount enclosed \$ _____


Check payable to Munsinger Clemens Botanical Society
Mail to MCBS, PO Box 7594, St Cloud, MN 56302
Or visit our website to give at www.munsingerclomens.com